

# The GPN Update Course

## Red Whale

The one-day course  
for all nurses in  
general practice

*Swamped by new clinical information  
and latest guidance?*

*Too much for you to read and too  
little time to read it?*

*Need to give evidence-based advice  
to patients, carers and colleagues?*

*Want help meeting NMC revalidation  
requirements?*

We trawl through all the relevant journals to bring you right up to speed on the latest issues, literature, research and guidelines.

We are completely **free from pharmaceutical company sponsorship** so give you an independent, unbiased view of all of the latest evidence.

### What will be covered?

This one-day course offers a wide-ranging, evidence-based programme, including all you need to know about:

- NMC Revalidation
- A range of long-term conditions important to primary care nurses
- Respiratory conditions
- Lipids and statins
- Gastroenterology
- Sexual health
- Suspected cancer and latest guidelines
- Vaccinations
- plus top-to-toe topics from rhinitis to vaginal discharge to verrucas!

**What's not included:** This course contains NO theorists, NO gurus, NO pharmaceutical sponsors, NO reps on the day! Just real-life clinicians who will be back seeing patients as soon as the course has finished.



*'When you said you were  
taking me out for the evening  
I wasn't expecting a flu jab'*

### Who is this course for?

All General Practice Nurses. 98% of the nurses who attended our Spring GPN Update course would recommend it to a colleague. Practice Nurses and Nurse Practitioners said:

"Probably the best course I have been on for a long time" - "The Handbook will become my bible!"

We understand the importance of nurses and doctors sharing knowledge and skills to improve care. Our course is both written and presented by our ANP and GP team.



## What will you get on our course?

- Updates on the latest clinical evidence and guidance across a range of chronic and acute conditions.
- Great practical tips and tools improve patients' engagement with their long-term conditions.
- Loads of ideas, guidance and reassurance on making CPD a part of your everyday practice.
- Tools tailored to meet NMC requirements, to help you with your Revalidation evidence.
- Ways to move things forward in your practice area.
- Tips to help you and your team work together effectively.
- Expertise and practical tools to share with your practice and support patients in managing their health.
- Guidance in managing clinical risk, with suggested activities to help you easily audit aspects of clinical safety.
- Lots of humour and fun to help get through everything in one day – without compromising the content of course!

## The GPN Update Handbook

Delegates receive a copy of the GPN Update Handbook. This fully-referenced handbook covers the most important research, policy and guidance relevant to primary care nursing over the last 5 years.

## GPN CPD

You'll also get **one year's FREE subscription to GPN-CPD.com** - a purpose built tool giving you a really easy way to track your CPD for NMC Revalidation and the entire course handbook online. No need to pay extra for these valuable resources!

## Who are we?

Red Whale is one of the leading providers of primary care medical and nursing education in the UK with over 13,000 primary care practitioners attending our courses each year. We specialise in producing courses that are evidence-based, highly relevant to everyday practice and full of actions that delegates can take away and implement immediately.

You may well have already heard great things about the GP Update Course from your GP colleagues.

The GPN Update Course keeps that fast-moving and fun format, with material focused on the priorities for nursing in primary care: to support YOU in supporting your patients.

For more details, go to [www.gp-update.co.uk/nurses](http://www.gp-update.co.uk/nurses)

**Saturday 28 April 2018 – 10 – 4pm**

(registration from 09:30)

**Allam Medical Building, University of Hull, Cottingham Road, Hull, HU6 7RX**

Due to the generous support of Hull, North East Lincs and East Riding CCGs, nurses from these CCG areas can attend the course at the greatly reduced rate of £40. Please note, however, that subsidised places are limited and will be on a first come, first served basis – please book early to avoid disappointment.

Non-subsidised places will be available for £150

Further details (including booking information) can be accessed via the HYMS website:

<http://www.hyms.ac.uk/postgraduate/short-coursescpd.aspx>

Alternatively, please contact: Jackie Houlton

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