The GP Update Course

A one day update course by GPs for GPs, GP STs, Practice Nurses and Nurse Practitioners

The GP Update Course is designed to be very relevant to clinical practice and to help you meet the requirements for revalidation.

GPs want to stay up to date but the task is a formidable one; with the best will in the world, it’s hard to achieve.

With all the evidence inundating us it can be hard to know which bits of evidence should change our practice.

We want to help by collating and synthesising the evidence for you – so that you don’t have to!

Using a lecture based format, with plenty of time for interaction, the GP presenters discuss the results of the most important evidence and guidance, placing them in the context of what is already known about this topic and the needs of primary care.

We want you to enjoy the day!

We’ll use humour and video clips to illustrate points being made and to keep you focused.

How will it help me with revalidation?

Revalidation requires us not just to stay up to date, but to show evidence of how our practice has changed. Come on the course and we will give you access to a wide range of practical step by step guides to prepare for revalidation and prove you are up to date. And an easy way to record and track your learning as you go along to avoid those last minute pre-appraisal panics!

Who is this course designed for?

Established GPs and Trainers wanting to keep up to date across the whole field of general practice and to incorporate new evidence into their current practice.

GP ST1, 2 & 3 for whom the course and handbook will provide the perfect launch pad into general practice. Fantastic for AKT and CSA revision.

GPs returning from maternity leave or a career break who want to be brought up to speed with current practice.

Practice Nurses & Nurse Practitioners who will find this a great update on chronic disease management and a good overview of the latest changes across all of primary care.

Important note: This course contains no theorists, no gurus and no sponsors. Just real life GPs who will be back seeing patients as soon as the course has finished. The course has been accredited by the RCGP since February 2012 and is now the only one of its type to be completely free from pharmaceutical company sponsorship.

Saturday 18th April 2015, 10am-4pm
Allam Lecture Theatre, Derwent Building, University of Hull.
Don’t take our word for it –
See what our past delegates had to say!

→ Superb course, well presented. By GPs for GPs what more could I want?
→ Excellent and very relevant to everyday practice. Inspiring and encouraging.
→ Concise, relevant, provides a year’s worth of education in one day.
→ Refreshingly presented. Excellent value for money.
→ Can’t wait to get back to the surgery to make some positive changes.
→ Reassuring to know that the information presented is free from the influence of pharma companies.
→ This course should be made mandatory for all GPs.

Course delegates receive a copy of The GP Update Handbook, a 350 page book outlining the results of the most important research relevant to primary care over the last 5 years. The GP Update Handbook is much more than just a set of lecture notes. It is a valuable resource in the consultation, for in-depth learning, preparing for tutorials and for exam revision. Everything we present is fully referenced and written by and for GPs and nurses.

Course delegates will also receive a year’s subscription to www.gpcpd.com from the course date. The site has been designed by GPs to help you easily document evidence of improved care for your next appraisal. On this site you will find:

- **The GP Update Handbook Online:** twice the contents of the paper version.
- **Focused Learning Activities:** tailor made activities to apply your learning, provide evidence for your appraisal AND earn double CPD credits!
- **The CPD Tracker:** records and rewards (with CPD credits!) all your reading on gpCPD, and tracks your CPD credits earned through Focused Learning Activities.
- **Appraisal and Revalidation Folder:** a very simple tool for recording information ready for your appraisal.

Saturday 18th April 2015, 10am-4pm Allam Lecture Theatre,
Derwent Building, University of Hull, Cottingham Road, Hull HU6 7RX.

**Prices**
GPs: £150
HYMS Clinical Tutors, Practice Nurses and GP STs: £130
(Due to the generous support of Hull, East Riding, North East Lincs and North Lincs CCGs, clinicians from these CCG areas can attend this course at the reduced rate of £60)

Further details (including booking information) can be accessed via the HYMS website:

http://www.hyms.ac.uk/postgraduate/short-coursescpd.aspx

Alternatively, please contact: **Jackie Houlton**
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