Coping on the front line

A group of 25 Community First Responders attended an action-packed Simulation Training Day at Hull Royal Infirmary.

Organised by students from the HYMS Pre-hospital Care Programme (PCP), in partnership with the Yorkshire Ambulance Service, the aim of the day was to deliver training to refresh and enhance the skills of responders from local Community First Responder (CFR) schemes in East Yorkshire.

CFRs are volunteers who respond to emergency calls in their local area and can reassure patients and provide life-saving treatment before an ambulance arrives. Simulation training helps to prepare them for emergencies. It allows them to develop and improve their personal skills and communication and coordination within teams.

Attendees enjoyed learning and practising their skills in realistic scenarios, where mistakes were allowed and feedback could be given. The highlight of the day was a session with a state-of-the-art SimMan 3G, a ‘manikin’ which can talk and can be programmed to have varying vital signs. The participants were able to treat the SimMan, whilst the rest of the group watched their efforts on a TV in a nearby room. The rest of the day involved rotating around a series of shorter stations, practising history taking techniques, teaching basic cardio-respiratory anatomy and physiology, as well as advanced life support teaching and a vehicle familiarisation session. The teaching sessions were led by HYMS students and ambulance service staff.

Feedback from the event was very positive and everyone said how much they enjoyed themselves. Participants commented that they left with increased confidence, and felt eager to attend calls.

The training session was given a positive mention during debate in the House of Commons by MP for Brigg and Goole Andrew Percy, who is himself a First Responder. Follow the link to find out more about the debate.

In addition to the training event, a group of 17 students and HYMS Education Manager Sue Hubbard attended the recent inaugural National Pre-hospital Care Conference at Barts and The London School of Medicine and Dentistry. The conference highlighted the importance of pre-hospital care and portrayed how the PCP has grown from one medical student’s curiosity to the variety of complex educational programmes found in universities across the country.

Keynote speaker PCP Pioneer Dr Emma Lightbody talked about her experiences in medical school and beyond.

(continued on page 2 ...)

Congratulations to Dr Pierpaolo Pellicori who was awarded a Young Author Achievement Award during the recent meeting of the American College of Cardiology in San Francisco. The award was for his paper *IVC Diameter in Patients With Chronic Heart Failure: Relationships and Prognostic Significance* which appeared in the journal of the American College of Cardiology (Cardiovascular imaging) in January. This follows two awards last year when he was finalist in the Young Investigator award at the European Society of Cardiology Heart Failure Meeting in Belgrade, and winner of best moderated poster at the European Society of Cardiology meeting in Munich. Dr Pellicori is an Honorary Research Fellow working within the Centre for Cardiovascular and Metabolic Research.
Bringing a smile to an orphan's face

HYMS student Society of Paediatric Medicine (SoPM) hosted its annual Christmas Shoebox Appeal in partnership with an African charity called Sethule Orphans Trust. Society President Year 3 student Sinead McKiernan reports:

“Sethule Orphans Trust supports orphans and families torn apart by HIV, poverty and unemployment in rural communities in Zimbabwe. Thanks to the generosity of HYMS students, staff and their families we were able to send off a total of 27 boxes to Emarika Pre-school, in Bulawayo. This is a unique Christmas event for the rural community, where many of the orphans get to open their first ever present. This task would have been impossible without the help of the HYMS community. Therefore, both the SoPM and Sethule Trust would like to say a massive thank you to everyone who contributed time, money and effort. The kindness and generosity expressed by staff and students has been incredible. We look forward to your continued support over the years, as we endeavour to bring a smile to an orphan’s face.”

Research presentations

TWO PhD clinical fellows, third year student Dr Amy Gadoud and Dr Paul Taylor, whose PhD has just been awarded, have been selected for oral presentations of their PhD work at the second biennial conference of the Association for Palliative Medicine of Great Britain and Ireland in Birmingham.

Jean on GMC teams

ASSOCIATE Dean for Assessment Dr Jean McKendree has been appointed to the GMC Visiting Teams to accredit separate medical schools at the Universities of Exeter and Plymouth, following the announcement of the division of The Peninsula College of Medicine and Dentistry.

Guardian superbug letter

HONORARY Clinical Professor Colin Garner has had a letter published in the Guardian newspaper recently about the growing resistance of ‘superbugs’ to antibiotics. He is currently working with others in the University of York to try and bring antibiotic researchers together to pool their expertise with a view to increasing the profile of antibiotic discovery in York.

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Coping on the front line

(...continued from page 1)

Mr Alistair Wilson, founder of London Helicopter Emergency Medical Service (HEMS), described his journey in creating the Air Ambulance that serves the largest city in Europe. In addition, a moulage scenario helped to show how London HEMS works.

Further talks were delivered by Dr Chris Luke about nightclub medicine and the growing market for pre-hospital care; Dr Kevin Fong regarding the TV series ‘Extreme A&E’ and how medical interventions are struggling to keep up with human curiosity; paramedic Craig Cassidy about his experiences of the London bombings; Dr Mark Salter on the subject of psychological pre-hospital care; and finally Dr Gareth Grier on how to deal with mass incidents and high pressure pre-hospital scenarios.

Brief talks were also given by the Programmes that exist around the country, including a presentation by Year 5 student Abilius Wong about HYMS PCP which gave the opportunity to announce that HYMS will be hosting the 2014 Conference.

If you are interested in getting involved with future events please contact Amy.Hicks@hyms.ac.uk

BMJ blogger

Year 4 student Sean Carmody has begun a blog in the BMJ.

Sean is giving an undergraduate perspective on sports and exercise medicine and already has impressive credentials to support his insights.

He is a founder and current communications lead for the University Sport & Exercise Medicine Society, and a co-founder and the current President of the HYMS Society for Sport and Exercise Medicine. He is also a director of the national campaign Move.Eat.Treat which aims to increase the amount of education health professionals receive on lifestyle issues.

In addition, Sean is an accomplished sportsman, representing Ireland in Rugby League.
**Staff news**

**Welcome to ...**

Heather Milnes, temporary Centre for Education Development Administrator, who will be working with Ann Holiday and based in York.

**Congratulations to ...**

Dr Jonathan Lloyd, who has been appointed HYMS Director of Clinical Studies (Primary Care) for York and Scarborough. Jonathan will take up the post at the beginning of July.

**Funds to inspire research**

All 32 UK medical schools, including HYMS, have been awarded funds for innovative activities aiming to foster a research culture in all clinicians entering the NHS.

The awards, made by the Academy of Medical Sciences as part of a £1m, five-year scheme called INSPIRE and supported by the Wellcome Trust, aims to stimulate medical and dental students to pursue scientific research.

The awards were the first of two rounds, with an additional special project fund of £100,000 available to enable any high impact activities to be rolled out across the UK.

**PhD supervisors event**

The University of Hull’s inaugural PhD supervisors’ conference will take place at the University’s Business School on 13 May.

Aimed at PhD and Research Masters supervisors, the conference is intended both as continuing professional development and as an opportunity to discuss and debate some of the key issues currently affecting postgraduate research students.

There will be two keynote speakers – Paul Bennett from the Higher Education Academy, and Adam Wright from the National Union of Students. The focus will be on enhancing the postgraduate student experience and improving submission and completion rates.

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**What’s new in the curriculum review?**

Update by Rachel Walden, HYMS Curriculum Review Project Officer

A big thank you to everyone who participated in the first curriculum review stakeholder meeting and the first two curriculum review workshops that took place in March.

Discussions at these events produced a lot of great ideas and a record of these meetings can be found on the curriculum review page on Blackboard.

Further curriculum review workshops, detailed below, are scheduled to take place in April 2013. If you would like to attend one of these events, please e-mail Rachel Walden at curriculum@hyms.ac.uk. If you would like to get involved but are not able to attend the workshops, you can still contribute to the review by clicking on the link and completing one of the related surveys:

- Broadening Our Horizons: April 15th (Convenor: Professor Ian Watt)
- Science and Scholarship: April 16th (Convenor: Professor Paul Kaye)
- Transition to the Workplace: April 19th (Convenor: Dr Colin Jones)
- Best Practice in Teaching, Learning and Assessment: April 24th (Convenor: Alison Pettigrew)
- Community Clinical Placement: April 26th (Convenor Professor Una Macleod)
- Professional Identity and Development: April 30th (Convenor Dr Demian Whiting)

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**Student successes**

Congratulations to the following students who have had research accepted for presentation at conferences:

Year 3 students Harriet Reader, Luke Thornton and George Leidig will give poster presentations of their research at Association of Surgeons of Great Britain and Ireland conferences in Liverpool and Glasgow. Harriet and Luke will present their research on acute surgery for severe ulcerative colitis, conducted with the help of York Hospital colorectal consultant Mr Nick Woodcock, at Liverpool and Glasgow, whilst George will present his work at the Glasgow conference.

Harriet Crosby (Year 3) presented a poster at the recent Association of Surgeons in Training conference in Manchester.

Ka Yan Shirley Sze recently presented her research project Termination of pregnancy and service improvement in Grimsby – a retrospective analysis of 305 patients at the Royal Medical Society’s 3rd Annual National Student Conference in Edinburgh. Shirley’s abstract will be published in Res Medica, the peer-reviewed student journal of the Royal Medical Society. She will give a further presentation at the Royal College of Obstetrics and Gynaecology World Congress 2013 later this year.

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**National student conference at HYMS**

STUDENT-led HYMS Surgical Society will host the inaugural HYMS National Undergraduate Surgical Conference on 20 April. The event, which has attracted sponsors including the Royal College of Surgeons of England and the BMA, will take place at HYMS on the University of York campus. As well as hearing some prestigious guest speakers, delegates will have the chance to participate in surgical skills workshops and academic workshops and there will also be a poster presentation session.

Click on the link for further information.
If you have any contributions for this internal bulletin, please send them to
val.parker@hyms.ac.uk

Stories with the mouse symbol have more information in the news section of the HYMS website, where you will also find breaking news, updates and images.

www.hyms.ac.uk/news

Research publications

RECENT publications by HYMS staff include:


Excellent research skills?

HEALTHWATCH invites medical, dental, nursing and midwifery students and students of professions allied to medicine to test their research skills. One £500 prize and five £100 prizes are up for grabs – click on the link for further details.

New VC for York

THE University of York has appointed Professor Koen Lamberts as its new Vice-Chancellor. He will succeed Professor Brian Cantor who is stepping down after 11 years in the role.

Advance notice

REGISTRATION is now open for the Royal College of General Practitioners Annual Primary Care Conference which will take place on 3-5 October 2013 at the Harrogate International Centre.

Volunteers required

THE University of Reading is recruiting volunteers from all over the country for its Food 4 Me on line study. It needs healthy volunteers aged 18 years and older to take part in a study examining the concept of personalised nutrition.

Calendar of events

For full details of all these events, plus many more lectures, seminars, conferences and social events, visit www.hyms.ac.uk/events

April

11

Research day
Centre for Cardiovascular and Metabolic Research
University House, University of York

16-19

HYMS@TEN Roadshow
York Hospital

16

Seminar
Exploring the experience of chronic illness through online methods
ARRC Auditorium
University of York

May

1

Lecture
How medicine killed anatomy – and why it must be born again!
Prof Charles Oxnard
University of York

8

Conference
2013 Annual Learning and Teaching Conference
University of York
HYMS@TEN

Just a reminder that following the news of Tony Kendrick’s departure, the interim Dean, Professor Trevor Sheldon, has reflected on how we best celebrate our 10th anniversary. He has reviewed all the planned activities and decided it will serve the school best to consolidate resources, concentrating on a smaller number of events that will continue into academic year 2013-14.

In the light of this he has decided not to proceed with the Gala Day planned for Saturday 8 June and instead focus efforts on prize-giving and an alumni ball planned for later in the year. Details of these and other events are currently being finalised and we will publicise them in the next edition of the HYMS Sheet, Boomerang and the website.

BIKE@HYMS will still go ahead and we will decide how best to send-off and meet the intrepid cyclists in the next few weeks. HIKE@HYMS is still in the early stages of organisation and we will let you know how this progresses. The HYMS/ NHS Roadshows and the Research Centre events will continue and our aim is still to raise money for our chosen HYMS@TEN charities so we really appreciate your efforts in this area.

Don’t forget you can donate money to HYMS@TEN by logging on to: www.justgiving.com/hyms or you can sponsor one of our members of staff undertaking an event on www.justgiving.com/teams/HYMSat10.

Meanwhile ... an update on HYMS@TEN activities:

Marathons!

Congratulations to Roxana Freeman who has completed the first of her ten half-marathon races in aid of the HYMS@TEN charities, in spite of having a bad back! “With the help of a medicated patch, brilliant weather and crowd, and a lot of determination, I managed to do it,” said Roxana, “and strangely enough my back is much better now!” Roxana still has nine races left and the next will be the Fountains 10k on 28 April, so if you’re interested in running too, please email roxana.freeman@hyms.ac.uk.

... and more marathons!

Well done to the six HYMS students who ran the East Hull 20 in March to raise money for HYMS@TEN. The tenacious runners were (listed in race finish order): Mazin Eragat, Ashley Holt, Claire Lilley, Eleanor Redman, Karim Jundi and Donald Afreh-Mensah who completed the recent East Hull 20 race, each of them achieving their personal goals. They raced against around 450 other runners and have so far raised around £200 for HYMS@TEN. Follow the link to read some of the stories the team has to share.

Tour of Hull for HYMS@TEN

If you’d like to find out more about the history of Hull and visit some of the beautiful buildings in the Old Town, then sign up for the Tour of Hull on Saturday 27 April at 11am. All staff, students, friends and families are welcome to come along. Please email kirstie.skeltonclarke@hyms.ac.uk if you’re interested. All participants will be asked to make a donation of £3.50 and all proceeds will go to HYMS@TEN charities.

University Challenge

As part of the events to mark HYMS’ 10th anniversary, Medsoc Hull and York have been busy organising the very first HYMS University Challenge quiz. If you’re not in a team, but still want to get involved, you can come along and give your support. Heats are being held in Hull on Saturday 13 April and Saturday 4 May at the Hull Medical Society rooms and on Saturday 20 and Saturday 27 April at the York Medical Society rooms. Contact oliver.kemp@hyms.ac.uk for more details.